

Text: 1 Corinthians 3:9 and 2 Peter 1:1-11
 Topic: Spiritual Growth in the Church
 Study: The Church is a field: Guide to Maturity
 First Corinthians
 Week 5 of 8
 Series 7

River of Life Church
 May 16, 2010

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The Eight Spiritual *Values* of Highly Effective Christians
“Self-Control”

Text for today: 2 Peter 1:5-11
 5 But also for this very reason, giving all diligence, add to your faith virtue, to virtue knowledge, 6 to knowledge self-control, to self-control perseverance, to perseverance godliness, 7 to godliness brotherly kindness, and to brotherly kindness love. 8 For if these things are yours and abound, you will be neither barren nor

The most important things you can do to increase self-control:

I. Be Diligent _____

	How <i>You</i> are Wired (Heart Condition)	How Your <i>body</i> is Wired	How You Live (Heart Condition)
Your Life before Christ			
Your life as a Christian			
Your life in the New Jerusalem			

II. Be Diligent _____

III. Be Diligent _____

WEEKLY APPLICATION

- 1) Take time this week to memorize Proverbs 25:28 – “Whoever has no rule over his own spirit is like a city broken down, without walls.” NKJV
- 2) **Review the difference between Reacting vs. Responding: The secret of self-control**
 - **Responding** is positive.
 - Reacting is negative.
 - **Responding** is constructive.
 - Reacting is destructive.
 - **Responding** is self-control.
 - Reacting is out of control.
 - **Responding** is strength in the inner man.
 - Reacting is the weakness of the flesh.
- 3) Each day this week take time to confess the “Just for today” principle. Expect God to supply or add His divine nature to your spiritual account (2 Pet.1:11). Make notes of revelation received.
 - Example: Just for today I will *respond* to God, the Word, family, spouse, children, peers, etc, in an honoring and loving manner
 - Example: Just for today I will *cultivate* a deeper awareness that God is at work in my life.

DAY 1 (Monday): **Just for today I will be diligent to**
 NOTES:.....

DAY 2 (Tuesday): **Just for today I will be diligent to**
 NOTES:.....

DAY 3 (Wed): **Just for today I will be diligent to.....**
 NOTES:.....

DAY 4 (Thurs): **Just for today I will be diligent to.....**
 NOTES:.....

DAY 5 (Friday): **Just for today I will be diligent to**
 NOTES:.....

- 4) Don’t believe the LIE that sin is greater in its power to produce evil (chaos, confusion, destruction) than is God’s grace in its power to produce good.